



Sipiti

DAY SPA & WELLNESS CENTRE

SPA MENU

WELCOME

Sipiti Day Spa: Inspired by the Flow of Nature

At Sipiti Day Spa, the name “Sipiti,” meaning fountain or living waters, reflects the natural rhythm of renewal and vitality that we aim to bring into every guest’s experience. Like the gentle flow of a spring, our spa is a place where stress is washed away, and wellness is restored.

Our approach is rooted in the belief that true well-being comes from aligning body, mind, and spirit with the soothing energy of nature. In this peaceful sanctuary, we offer a range of treatments designed to refresh and rejuvenate, from calming massages to revitalizing facials—all enhanced by the pure, healing properties of natural ingredients.

With a commitment to excellence, our experienced therapists combine ancient techniques with modern innovations, ensuring every moment at Sipiti is as restorative as the waters that inspire us. Whether you seek relaxation, renewal, or a moment of escape, Sipiti Day Spa is where you can reconnect with your inner calm and let your natural radiance flow.

[View our facilities](#)



THE SIPITI SANCTUARIES



HAND & FOOT OASIS



FOOT THERAPY LOUNGE



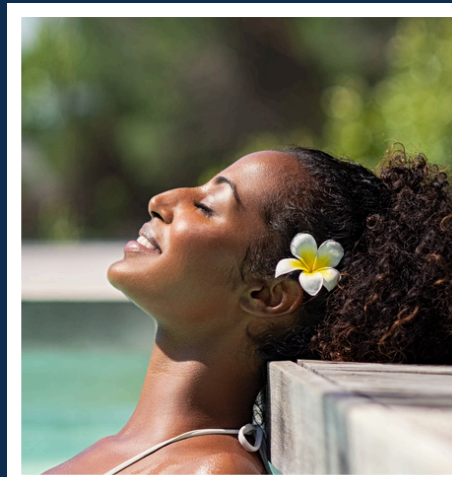
TRANQUILITY TREATMENT SUITES:
DOUBLE MASSAGE TREATMENT ROOM



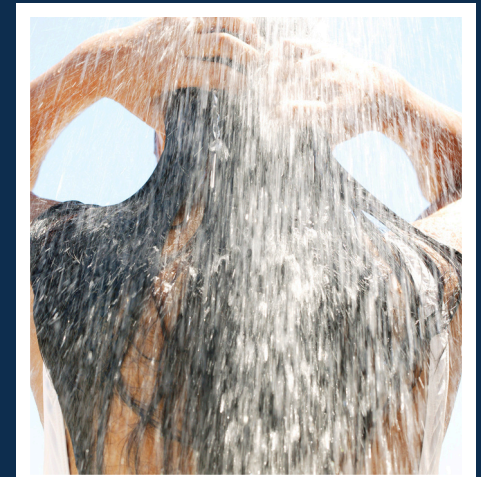
TRANQUILITY TREATMENT SUITES:
3 X SINGLE TREATMENT ROOMS



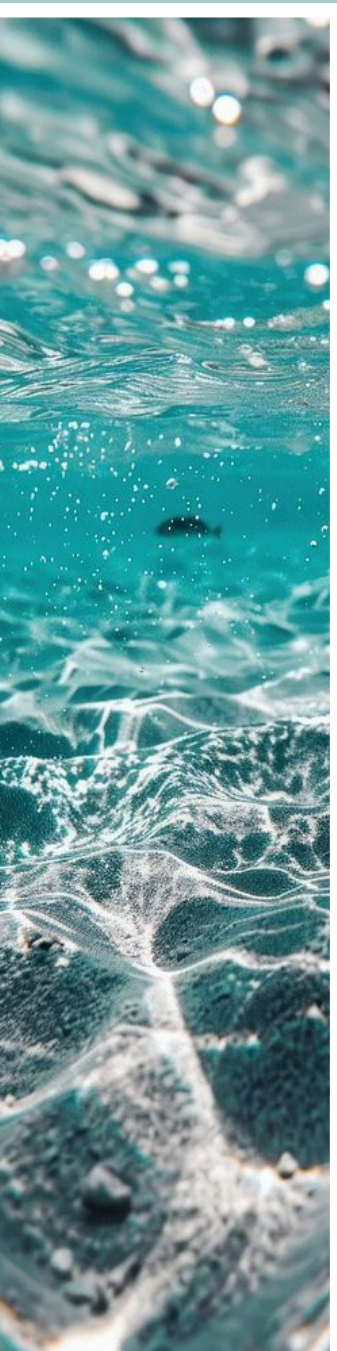
THE WELLNESS
OZONE POD



OUTDOOR TRANQUILITY
OASIS



OUTDOOR SHOWER
EXPERIENCE



STAFF AND PRODUCTS

At Sipiti Day Spa, you can trust in the expertise and dedication of our skilled therapists each of whom has undergone extensive training to deliver exceptional service and personalized care. Our team is committed to providing the highest standard of treatments, staying current with industry trends through ongoing education and continuously refining their skills to meet your unique wellness needs.

We proudly partner with leading professional brands while supporting local suppliers to minimize our carbon footprint and contribute to local businesses.

GIFTS AND VOUCHERS

Purchasing Gift Vouchers is simple and they are delivered directly to your recipient in digital format. Thank you for joining us in our paperless environment. Visit www.shopsipa.co.za to choose your vouchers.

Elevate gifting with our exquisite array of unforgettable wellness options, beautifully packaged for everlasting joy.

WELLNESS REVIVAL

Elevate Your wellness with Sipiti!

At Sipiti we specialize in crafting unforgettable experiences for your wellbeing. We are dedicated to supporting your journey toward a healthier, more balanced lifestyle with our exclusive wellness packages and memberships. These thoughtfully curated offerings combine relaxation with advanced therapeutic techniques, including the rejuvenating benefits of ozone therapy. Ozone therapy, known for its ability to boost energy, detoxify the body, and promote overall well-being, is a cornerstone of our wellness approach. Whether you're seeking deep relaxation, improved vitality, or long-term wellness, our packages are designed to nurture your body, mind, and spirit with a holistic focus on healing and renewal.



SPA POLICY

- Please arrive 15 min prior to your appointment.
- Reservations: Booking prior to arrival is recommended to secure treatments.
- Pre payment or gift voucher number is required at time of booking.
- 24 hours advance notice is required for cancellations or rescheduling, after which 50% of the treatment(s) will be charged for.
- Late arrivals will have their treatment times reduced accordingly.
- Prices are subject to change without notice.
- Management and staff are not liable for loss or damage to personal property – please leave valuables at home.
- Treatments and Packages are non-refundable, non-transferable within 24 hours of the appointment booking and may not be exchanged for other treatments or products.
- Gift vouchers hold value exclusively for treatments and are non-transferable for products or cash.
- For your safety and well-being, kindly inform your therapist of any medical conditions that may be influenced by our services.



SIPITI WELLNESS SIGNATURE EXPERIENCE



SIPITI WELLNESS SIGNATURE EXPERIENCE

Embark on a luxurious journey of renewal with our exclusive **signature treatment**, thoughtfully crafted to rejuvenate your body, mind, and spirit. Your experience begins with a calming shower to prepare your senses, followed by a 30-minute intensive wellness session in our **ozone pod**, designed to invigorate and detoxify from the inside out.

Next, enjoy a soothing **back exfoliation** that gently polishes away dead skin cells, making way for a deeply relaxing **back massage**. Our skilled therapists use expertly chosen oils tailored to your preferences, melting away tension and leaving your skin nourished and revitalized.

As you turn over for your **radiance facial**, you'll lie back on a **self-heating charcoal mask** that gently warms your back, melting away the last traces of stress while detoxifying and soothing the skin—a truly heavenly sensation. The facial itself features a gentle lactic acid peel to enhance your skin's natural glow, addressing any concerns and leaving your complexion radiant and youthful.

More than just a treatment, the **Sipiti Wellness Signature Experience** is a holistic escape, blending indulgent body care with advanced skincare techniques for unmatched relaxation and renewal. Step into a world of tranquility and emerge feeling refreshed, radiant, and revitalized.

INCLUDES

Tea and/or Coffee
Glass of wine and/or bubbly
Wellness Ozone Pod
Back Exfoliation
Back Massage
Radiance Facial
Lactic Acid Peel

PRICE

R1 450

DURATION

2 hours



PACKAGES

STRESS FREE RECHARGE

Unwind and recharge with our anti-stress corporate retreat package, designed to melt away tension and restore balance, leaving you refreshed and ready to conquer your next challenge.

45 min Massage
45 min Ozone Therapy

90 mins R1000



PEAK PERFORMANCE RECOVERY

Recharge your body and recover like a pro with our tailored sports recovery package, designed to soothe sore muscles, enhance flexibility, and restore your peak performance.

45 min Full Body Lymphatic Drainage
45 min Ozone Therapy

90 mins R1000



SERENITY FOR SOULMATES

Reconnect and unwind together in a serene escape designed to nurture your bond, with soothing treatments that melt away stress and bring you closer in perfect harmony

60 min Full Body Massage
60 min Classic Manicure or Pedicure
Glass of Bubbly or Mimosa

120 mins R2000
per couple



PACKAGES

SISTERHOOD SPA DAY / CHIC CELEBRATION ESCAPE

Gather your girlfriends for a chic spa day filled with pampering treatments and delightful surprises, ensuring a stylish and memorable celebration.

45 min Full Body Massage
15 min Scalp Massage
60 min Classic Manicure or Pedicure

120 mins R1000
per person

WORKPLACE WELLNESS ESCAPE

Foster connections and enhance team dynamics with a day of relaxation and rejuvenation, ensuring your group leaves feeling refreshed and united.

45 min Full Body Massage
15 min Scalp Massage
60 min Classic Manicure or Pedicure

120 mins R1000
per person

ADD TO ALL PACKAGES

Delicious Two Course Lunch
Glass of Bubbly
Bottle of Bubbly
Mimosas

Any additional treatment on the menu at 20% less

R500
R100
R250
R60



SKIN TREATMENTS

DERMAPLANING

Reveal smoother, more radiant skin with Dermaplaning, a gentle exfoliation technique that eliminates dead skin cells and fine vellus hair. This rejuvenating treatment creates the perfect canvas for deeper treatments such as chemical peels or anti-aging facials, optimizing the effectiveness of active ingredients for enhanced results.

30 mins R500

SKIN PEELS

Discover the power of our intensive Alpha Hydroxy Acid Peel Facial, which includes a distinctive cooling and lifting massage for an invigorating experience. You'll notice visible improvements in just minutes, with refined pores, diminished fine lines, and a more uniform skin tone. This treatment is perfect for all skin types looking to enhance cell turnover and achieve a refreshed appearance.

Glycolic Acid 30%
Lactic Acid 30%

45 mins R500
45 mins R500

FACIAL THERAPY

Discover our exclusive array of facial treatments, thoughtfully designed to address the distinct needs of your skin. Each service targets your individual concerns, providing a customized experience that elevates your skincare routine. We encourage you to begin your journey by booking a consultation with our knowledgeable skincare therapist. During this session, you will receive tailored recommendations for advanced treatment upgrades that perfectly complement your chosen facial, maximizing your results for a radiant, revitalized complexion Facial Therapy includes brow shape and lip wax.

45 mins R450
60 mins R600
90 mins R800

TREATMENT UPGRADES

Glycolic Acid 30% Skin Peel
Lactic Acid 30% Skin Peel
Advanced Active Moulding Mask
Dermaplaning
Lash & Brow Tint

15 mins R350
15 mins R350
15 mins R290
15 mins R350
15 mins R180

MASSAGE THERAPY

PERSONALISED MESSAGE

At Sipiti, our massage treatments transcend the ordinary, delivering a deeply personalized experience tailored to your unique needs. We handpick oils that align with your specific preferences and offer a wide selection of tools and add-on enhancements to create a truly bespoke therapeutic journey.

Every detail of your session is customized, from the soothing soundscapes to the fragrant aromas that envelop the space, fostering a serene environment that encourages relaxation and wellness. Experience a massage crafted exclusively for you at Sipiti.

TREATMENT UPGRADES

100% Natural Soy Wax Massage Candle
Deep Tissue
Hot Stones
Massage Cups
Wood Therapy
CBD back and feet Exfoliation
Anti-Cellulite Massage
Anti-Cellulite Exfoliation & Massage
Self-Heating Back Exfoliation
Self-Heating Back Exfoliation & Mask

30 mins	R450
45 mins	R500
60 mins	R650
90 mins	R900

0 mins	R150
0 mins	R500
0 mins	R150
0 mins	R150
0 mins	R150
15 mins	R200
0 mins	R150
0 mins	R200
0 mins	R100
0 mins	R200



BODY TREATMENTS

SELF HEATING BODY BUFF

Revitalize your body with our indulgent self-heating body exfoliation. This sugar-based treatment delicately sloughs away dead skin cells, promoting circulation and leaving your skin beautifully smooth and soft. Embrace a refreshed sense of vitality as you enhance your body's natural radiance.

30 mins R400

LIGHT LEGS TREATMENT

Begin your journey with a refreshing exfoliation that stimulates circulation and prepares your skin for optimal absorption of powerful active ingredients. This treatment features alternating hot and cold sensations, enhancing lymphatic flow and intensifying detoxification. A vigorous massage using sweet fennel oil targets stubborn fat cells, helping to eliminate toxins from the body. The experience culminates in the application of a contour cream infused with orange and ivy, packed with firming ingredients to enhance skin elasticity and encourage lipolysis. This treatment is excellent for business travelers looking to rejuvenate after a long day of work, as it effectively reduces water retention and diminishes the appearance of cellulite, leaving you feeling refreshed and revitalized.

45 mins R600

CELLULITE MELTING WRAP TREATMENT

Discover the transformative power of our cellulite-melting wrap, meticulously developed through extensive research. This fast-acting treatment features astragalus root, a key ingredient known for its ability to target cellulite and enhance skin firmness. Recognizing that cellulite is a skin condition rather than merely a fat issue, we focus on correcting the dimpled texture often referred to as "orange peel" skin. The treatment follows a carefully designed sequence to maximize its effectiveness. Let us guide you through this innovative treatment, unveiling smoother, more toned skin.

60 mins R750

VAJACIAL

Revitalize your intimate area with our rejuvenating Vajacial. This specialized treatment starts with a gentle exfoliation to eliminate dead skin cells, followed by a soothing mask customized to your skin's unique needs. Experience a targeted massage using nourishing oils designed to hydrate and soothe irritation, concluding with a calming serum for added comfort. Ideal for post-waxing care or as a delightful self-care indulgence, our Vajacial leaves your skin feeling smooth, refreshed, and confident.

30 mins R450

HAND AND FOOT THERAPY

Welcome to Sipiti Hand & Foot Oasis, where your hands and feet undergo a luxurious transformation. Each treatment is customized to meet your individual needs, incorporating a thoughtfully curated selection of premium products that nourish and rejuvenate. Indulge in lavish exfoliation, revitalizing masks, and expert care that will leave your nails impeccably polished and your skin feeling incredibly silky smooth.

HANDS

File, Buff & Paint	30 mins	R250
Classic Manicure Soak, scrub massage, file, buff & paint	60 mins	R350
Sipiti Luxury Manicure Soak, scrub, massage, mask, serum, file, buff & paint	75 mins	R450
Gel Manicure Classic manicure with gel polish	75 mins	R450

TREATMENT UPGRADES

Age Spot & Collagen Boosting Treatment	0 mins	R50
Thermabliss Luxury Paraffin	15 mins	R400
Gel Polish	30 mins	R150
Soak Off Includes exfoliation, collagen boosting hand massage and cuticle treatment with lavender repairing base coat on nails	30 mins	R150

FEET

File, Buff & Paint	30 mins	R250
Classic Pedicure Soak, scrub massage, file, buff & paint	60 mins	R400
Sipiti Luxury Pedicure Soak, scrub, massage, mask, serum, file, buff & paint	75 mins	R500
Gel Pedicure Classic pedicure with gel polish	75 mins	R500
Reflexology	60 mins	R700

TREATMENT UPGRADES

Foot Peel	30 mins	R250
Thermabliss Luxury Paraffin	15 mins	R400
Gel Polish	30 mins	R150
Soak Off Includes exfoliation, collagen boosting foot massage and cuticle treatment with lavender repairing base coat on nails	30 mins	R150

GROOMING

TINTING

Eye brow tint	15 mins	R120
Lash tint	15 mins	R120
Lash & brow tint	15 mins	R200

WAXING

Half Leg (up to & including knee)	30 mins	R280
Upper thigh (including knee)	30 mins	R280
Full Leg	45 mins	R400
Bikini	15 mins	R220
Brazilian	30 mins	R300
Hollywood	45 mins	R400
Back	30 mins	R390
Chest	30 mins	R300
Stomach	30 mins	R250
Underarm	15 mins	R190
Full Arm	30 mins	R320
Half Arm (including elbow)	15 mins	R250
Brow (thick hair)	30 mins	R200
Brow (fine hair)	15 mins	R100
Lip	15 mins	R100
Chin	15 mins	R100
Cheeks	15 mins	R100
Nose	15 mins	R100
Ears	15 mins	R100



FOR THE GENTLEMEN

SKIN THERAPY

Experience the pinnacle of men's grooming with our specialized facial treatments, designed to address the unique needs of your skin. Each treatment is carefully customized to meet your specific concerns and preferences, ensuring a truly personalized experience.

Begin your skincare journey with a consultation from one of our expert skincare therapists. They will offer professional advice to help you select the perfect advanced treatment upgrade to complement your facial, optimizing the results and delivering care tailored specifically for you.

Man on the move

High Performance AHA Skin Peel

Energising Facial

First Class Treatment

30 mins R450

30 mins R550

60 mins R600

90 mins R800

MASSAGE THERAPY

Elevate your grooming routine with a personalized spa experience crafted exclusively for men. Select your desired massage duration and delve into our wide array of targeted add-on treatments, all designed to address your specific muscular and stress-relief needs. We exclusively use high-quality hydrophilic oils, each blend meticulously chosen to meet your body's requirements. Immerse yourself in a powerful fusion of sensations as our massages integrate sound therapy and aroma psychology, enhancing both your physical strength and mental clarity. Treat yourself to a rejuvenating experience that revitalizes your body and mind, leaving you empowered to tackle whatever challenges lie ahead.

30 mins R450

45 mins R500

60 mins R650

90 mins R900

TREATMENT UPGRADES

Deep Tissue

Hot Stones

Massage Cups

Wood Therapy

CBD Back & Feet Exfoliation

Self Heating Back Exfoliation

Self Heating Back Exfoliation & Mask

0 mins R500

0 mins R150

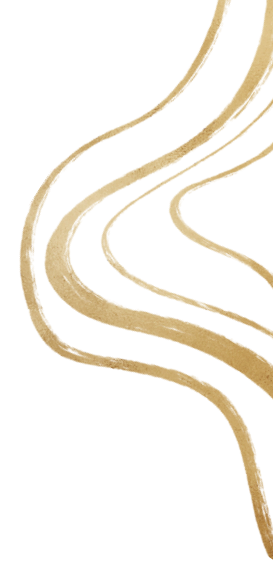
0 mins R150

0 mins R150

0 mins R200

0 mins R100

15 mins R200



FOR THE GENTLEMEN

BACK REVIVAL RITUAL

Recharge with our specialized back treatment designed specifically for men. Begin with a self-heating sugar scrub that gently exfoliates and revitalizes your skin. Following this, a detoxifying kaolin mask cleanses and purifies, drawing out impurities.

Savor a deep, soothing massage targeting your back and the back of your legs, effectively easing tension and promoting relaxation. We conclude with a nourishing dry body spritz to keep your skin feeling fantastic. Get ready to feel revitalized and prepared to take on any challenge!

GROOMING

Indulge in our exclusive Gentleman's Hand and Foot Rejuvenation, where expert nail care and meticulous cuticle maintenance combine for the ultimate grooming and relaxation experience.

- Male Hand Grooming
- Male Foot Grooming
- Male Foot Peel

TREATMENT UPGRADES

- Thermabliss Luxury Paraffin

45 mins R600

- 30 mins R350
- 45 mins R400
- 45 mins R450

15 mins R400





DAY SPA & WELLNESS CENTRE

SPA TRADING HOURS

Monday	Recharging
Tuesday	09h00 - 18h00
Wednesday	09h00 - 18h00
Thursday	09h00 - 18h00
Friday	09h00 - 18h00
Saturday	09h00 - 17h00
Sunday	09h00 - 14h00
Public Holidays	09h00 - 17h00

CONTACT US

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